

**Outline for Individual Meeting with Child**  
**FOR THOSE WHO SCREEN POSITIVE FOR TRAUMA EXPOSURE AND PTSD**

- Introduce why you are meeting and review confidentiality information and mandatory reporting.
- Using screener, ***review trauma or violence exposure endorsed***. If necessary, ask questions about what the child meant when he/she endorsed a particular traumatic or violent event. When asking the child about their responses, try to identify a specific trauma they would be willing to work on in the support group. If there are several traumas, try to ascertain which one is currently the most difficult/bothersome. Some kids may be apprehensive to disclose a specific trauma right away, but try to have identified at least one event they might be able to use for exercises in the group.

Note here the event the student wants to work on:

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- Using screener, ***review symptoms endorsed***. Normalize that given what they have experienced, it is normal that they are also experiencing... (fill in their symptoms as you review)
  - o If there was significant trauma above,
    - And child continues to endorse symptoms, then describe the group and explain that he/she will learn skills to help him/her cope better with what happened and will also be asked to share about the trauma(s) identified above.
    - And child no longer endorses symptoms, consider excluding the child from the group.
  - o If there was no significant trauma above,
    - And child continues to endorse symptoms, try to figure out where the symptoms are coming from, and whether a trauma-focused group would be appropriate. Consider excluding the child from the group and referring them for other services.
    - And child no longer endorses symptoms, consider excluding child from the group.
- Ask child if there are any issues with other classmates that might make it hard to be in a support group, in order to gather information about possible bullying. If the student acknowledges problems, discuss the nature of those problems and ask for specific names so that you do not inadvertently convene a group that includes students who have bullied your interviewee.

Note specific issues

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- Take notes on the interview. This can aid in developing support group goals later.

Eligible for program?      YES    NO    If no, note why not, and discuss with supervisor before making a final decision.

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Assents to program?      YES    NO